



Christmas Hours for Logan Central

32991988

Saturday 24th Dec - 7am -12pm

Normal Classes

Sunday 25th Dec - Closed

Monday 26th Dec - Closed

Tuesday 27th Dec Closed

Wednesday 28th Dec - 5am - 9pm

9am Body Step, 5.30pm Body Pump

Thursday 29th Dec - 5am - 9pm

9am Bike, 5.30pm Body Step

Friday 30th Dec -5am- 8pm

9am Zumba, 10am Body Combat

Saturday 31st Dec - 7am - 12pm

Sunday 1st Jan - Closed

Monday 2nd Jan - 3pm - 8pm

Tuesday 3rd Jan - Normal Hours

The Childminding will break up on the 24th Dec and resume on Tuesday the 3rd of Jan 2012.

**Have a Happy & Safe Christmas from
the Lifestyle Team Logan Central**

You can use all Lifestyle health clubs over the Xmas Period FREE Please check the website for other club timetables.

www.lifestylehealthclubs.com.au



Browns Plains - Trading Hours - 3806 7200

Normal trading hours until Saturday the 24th/12/2011, Group fitness classes & childminding finish Thursday 22/12/2011.

Sun 25/12/11 - Closed Xmas Day
Mon 26/12/11 - Closed Boxing Day
Tues 27/12/11 - Closed Public Holiday
Wed 28/12/11 - 5.30am - 8pm
Thurs 29/12/11 - 5.30am - 8pm
Fri 30/12/11 - 5.30am - 8pm
Sat 31/12/11 - 7am - 12pm
Sun 01/01/12 - Closed New Years Day
Mon 02/01/12 - Closed Public Holiday
Tues 03/01/12 - Resume Normal Trading Hours

Springwood Trading Hours - 3208 7439

Normal Trading hours until the 24/12/2011

Sat 24/12/11 - 7am - 1pm Xmas Eve
7.15am Body Step, 8.15am Body Pump, and 9.30am Body Pump
Sun 25/12/11 - Closed Xmas Day
Mon 26/12/11 - Closed Boxing Day
Tues 27/12/11 - Closed Public Holiday
Wed 28/12/11 - 5.30 - 8pm
6am Body Pump, 9am Bike Blitz, and 10.30 am Body Balance, 5.30pm Body Attack
Thurs 29/12/11 - 5.30 - 8pm
9.30am Nautilus, 5.30pm Bike Blitz and 6pm Body Pump
Fri 30/12/11 - 5.30am - 8pm
6am Body Attack, 9am Aqua and 9.30am Body Pump
Sat 31/12/11 - 7am -12pm
Sun 01/01/12 - Closed New Years Day
Mon 02/01/12 - Closed Public Holiday
Tues 03/01/12 Resume all Normal Hours